Bio
Nancy M. Cappello, Ph.D.

Nancy M. Cappello, Ph.D., is Director and Founder of Are You Dense, Inc., and Are You Dense Advocacy, Inc., with a mission to educate the public about the risks and screening challenges of dense breast tissue to prevent missed, delayed, and advanced-stage cancer, thus reducing mortality. She is the inspiration behind Connecticut’s first-in-the-nation density reporting law passed in 2009, making the state a global leader in density reporting, adjunct screening, and the density reporting grassroots movement.

Thirty-five states have since enacted density reporting laws and a federal bill is pending. Dr. Cappello has presented her inspiring story of patient-turned-advocate across the United States and internationally, including Canada, Rome, Tokyo, Paris, Puerto Rico and Brisbane Australia. Nancy’s Chalkboard, Dr. Cappello’s popular blog has been published by the Huffington Post and other media outlets. She is the recipient of numerous honors and awards, including being named a Health Hero by Parade Magazine, honored by the Connecticut Women’s Hall of Fame, and selected for the national Americanism award by UNICO.

Dr. Cappello holds a B.A. and an M.S. in Elementary and Special Education from Central Connecticut State University, a Sixth-Year Degree in Administration and Supervision from Southern Connecticut State University, and a Ph.D. in Education Administration from the University of Connecticut. When her Mission is finished, she looks forward to rescuing a dog, learning Italian, and taking golf lessons.